

1 Subject: Open Letter to President Trump and to the Members of Congress...

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3 Dear President Trump, et. al.,

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5 The health of our nation has been on the decline since the introduction
6 of fortified foods and a shift in the health industry to measure nutrition
7 by calorie counts, first indiscriminately and adding artificial ingredients
8 as substitutes to what originally satisfied natural human cravings: cravings
9 that tell the body what foods to consume in order to satisfy bodily and
10 mental faculty needs. Subliminal marketing of the human psychology to
11 deceive in it's rewiring good hearty foods over fake foods should be
12 monitored, assessed for abuse and outlawed!

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14 As a result and since the mid 1950s our nation's health has been on the
15 decline because of these alternate nutritional "sciences" that had been
16 paid for, and with conflict of interest, by the very companies pushing
17 their alternative "health" products. The business on profit over disease
18 and disability has been booming, and as you may confess, this type of
19 booming will also boomerang. We can start now to prevent that and to
20 avoid a position to suggest any future purge.

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22 Subsequently, we have replaced good old foods with those that have
23 no nutritional benefit and are designed to confuse the body into intake
24 without the needed nutritional intake, ie: butter with margarine; raw
25 sugar with HFCS (High Fructose Corn Syrup --- causes of diabetes because
26 the body does not identify this highly processed sugar when poisonous
27 levels are reached.) or Aspartame; Salt with MSG (Monosodium-Glutamate); etc.
28 By fooling the body into an intake that it does not fulfill, nutritionally,
29 certain faculties and functions of the brain and body become mal-nourished
30 and as a result produce disproportionately more disabled people than ever
31 seen before.

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33 All these substitutes that are found in all our foods have and continue
34 to disable our nation. The old adage "You are what you eat," is churning
35 our society into a crippling mess.

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37 Worse is the entire industry that produces "fortified foods" where products
38 like grain, breads and pulses have all their nutrients bleached and only
39 a handful of nutrients are added back. Nutrients like Magnesium, Potassium,
40 Copper and many others and some that have not been scientifically observed
41 yet but are naturally occurring in foods before the bleaching, are ignored.
42 And as a result and what we see today is a staggering population effected
43 with severe mental illness and developmental disabilities that have
44 burdened the disability programs once also established in the 1950s.

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46 If we are going to make America Great Again, it will not be in the form
47 of added layers of requirements and restricting existing disability claims
48 -- that will lend to a humanitarian problem with more people homeless and
49 unable to fend or survive without. What we need to do to make America
50 Great Again is to address the input, that is the food that Americans have
51 been consuming these last six decades. These last six decades has caused
52 a once Steak & Potato nation turn into an ill-visioned vegan inspired
53 solution. Folks that go into this 20th century new vegan diet incur a set

54 of their own health issues, as their nutritional lacking and proportionate
55 to their blood types require nutrients that have been found to only exist
56 in certain meats, eggs and fish. Even when "Science" seems to discover
57 what to supplement in the vegan diet, people become stressed to learn that
58 there is always some other nutrient that had been overlooked. The only
59 tried and proven vegan diet includes nuts, dried fruit and roots as its
60 staple, and today's vegans are stuck on eating processed foods that try
61 to imitate meat diet as closely as possible, in taste, texture and
62 viscosity.

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64 While we address the food intake, we should also take a revisit to what
65 is allowed in our water, also since the 1950s. We shouldn't need tin-foil
66 hats to discuss this matter, any more. As a republic we should be free
67 to discuss our history in the developments and not ignore out of contrary
68 the distracting "conspiracy theory" connotation. Lets get down and real!

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70 I remember my 70-some year old doctor telling me "eat real food if you
71 can find it."

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73 To make America Great Again, lets go back to old fashion REAL soul food,
74 and deliver real mineral water to our people, and without constitutes
75 or additions that claim to "help our teeth," so that we can finally
76 quench our thirst to meet our bodily needs!

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78 It should be declared a National Security Threat the disabling effects
79 of our current decades old food and water consumption.

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81 We should not declare war on the disabled fruits of the tree. We need to
82 declare war on what is feeding through it's roots.

83
84 Mr. Trump, et. al.
85 The solution is simple:
86 America becomes today what it consumed yesterday!

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